



ADVISORY 2020-8

Re: Flu Prevention

Date: November 15, 2020

Purpose: Encouraging EMS Providers and the Community to Get Flu Shots

Distribution: All EMS Agencies, REMO Physicians

Dear EMS Agency Leaders,

We have an urgent message about the flu this fall, and I'm asking for your help in getting the word out. Please encourage your EMS responders and their families to get flu shots.

The merger of flu season and the ongoing COVID-19 pandemic has the potential to create an unprecedented public health situation this winter. Our best collective protection is a well vaccinated EMS community. The flu vaccine is a powerful tool to keep you, your family, and your community safe, and it will help reduce the burden on our health care system.

We also recommend that EMS agencies use their social media presence to let the community at large know that getting a flu shot is more important than ever before. We've seen the power of our communities in helping prevent the spread of COVID-19 over the past months. Now, we can do the same thing to contain the flu.

On behalf of the REMAC, we thank you in advance for helping to spread the word: Now more than ever, your flu shot matters. Here is a link to some flu resources from the NYS Department of Health and Centers for Disease Control and Protection:

<https://www.health.ny.gov/diseases/communicable/influenza/seasonal/#:~:text=The%20New%20York%20State%20Flu%20Tracker%20is%20now,information%20on%20flu%20activity%20year-round%20in%20New%20York>

<https://www.cdc.gov/flu/resource-center/index.htm>

Sincerely,

Dr. Robert McHugh, DO, Chairperson of Regional Medical Advisory Committee  
Dr. Michael Dailey, MD, Regional Medical Director